

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">3</p> <p>AM Snack: Organic oat cereal with Organic Milk</p> <p>Lunch: Shredded chicken with peppers and onions in tomato sauce, white rice, and sweet plantains</p> <p>Vegetarian: White beans with peppers and onions in tomato sauce, white rice, and sweet plantains</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of cauliflower</p> <p>PM Snack: Fresh cut fruit salad with toasted organic oats</p>	<p style="text-align: center;">4</p> <p>AM Snack: Cream cheese , blueberry jam on mini bagel</p> <p>Lunch: Ground turkey, with mashed potatoes, and steamed broccoli</p> <p>Vegetarian: Roasted tofu, mashed potato and steamed broccoli</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Red bean soup</p> <p>PM Snack: Organic banana with string cheese</p>	<p style="text-align: center;">5</p> <p>AM Snack: Organic egg salad mixed with organic greek yogurt and naan bread</p> <p>Lunch: Homemade Macaroni and cheese pasta, with side of corn and lima beans</p> <p>Vegetarian: Homemade Macaroni and cheese pasta with with side of corn and lima beans</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken noodle</p> <p>PM Snack: Fresh sliced orange with organic vanilla yogurt</p>	<p style="text-align: center;">6</p> <p>AM Snack: Fresh cut apple with organic whipped cream cheese</p> <p>Lunch: Barbecue Meatballs, & roasted potatoes with side of roasted zucchini, yellow squash, and carrots.</p> <p>Vegetarian: Chickpea stew, roasted potatoes, with side of roasted zucchini, yellow squash , and carrots.</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of Broccoli</p> <p>PM Snack: Toddler snack bundle (dried fruit, cheese, granola, and oats)</p>	<p style="text-align: center;">7</p> <p style="text-align: center;">No School</p> <p style="text-align: center;">Teacher Planning Day</p>
<p style="text-align: center;">10</p> <p>AM Snack: Organic oat Cereal with organic milk</p> <p>Lunch: Shredded chicken in yellow rice, side of diced steamed carrots, and sweet plantains</p> <p>Vegetarian: Pigeon peas in yellow rice, steamed diced carrots, and sweet plantains</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Lentil soup</p> <p>PM Snack: Fresh sliced orange</p>	<p style="text-align: center;">11</p> <p>AM Snack: Organic naan bread with refried bean topped with shredded cheese</p> <p>Lunch: Pulled turkey & mixed vegetables with white rice.</p> <p>Vegetarian: Tofu & vegetables with white rice</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of broccoli and spinach</p> <p>PM Snack: Chicken salad mixed with organic greek yogurt and whole wheat crackers</p>	<p style="text-align: center;">12</p> <p>AM Snack: Organic strawberry yogurt with organic granola</p> <p>Lunch: Whole grain penne pasta with ground beef in tomato sauce</p> <p>Vegetarian: Whole grain Penne pasta with tomato sauce, chickpea & cucumber salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken noodle Soup</p> <p>PM Snack: Organic whole grain bread with cheddar cheese</p>	<p style="text-align: center;">13</p> <p>AM Snack: Organic strawberry yogurt with fresh banana</p> <p>Lunch: (Wild caught) breaded and baked fish sticks, mashed potatoes and green bean salad</p> <p>Vegetarian: Black bean stew, potato puree, and green bean salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Vegetable medley soup</p> <p>PM Snack: Organic apple, and strawberry puree (sauce)</p>	<p style="text-align: center;">14</p> <p>AM Snack: Organic blueberry muffin</p> <p>Lunch: Shredded beef with mixed peppers and onions, white rice, and black beans</p> <p>Vegetarian: Spaghetti squash, white rice, and black beans</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of asparagus</p> <p>PM Snack: Fresh cut pears with raspberry cream cheese</p>

February 2025

<p>17</p> <p>No School</p> <p>Holiday - President's Day</p>	<p>18</p> <p>AM Snack: Organic oat cereal with organic milk</p> <p>Lunch: Ground turkey, refried beans, yellow rice with steamed peas and carrots</p> <p>Vegetarian: Ground lentils, refried beans, and yellow rice with steamed peas and carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Tomato bisque</p> <p>PM Snack: Fresh cut fruit salad with toasted organic oats</p>	<p>19</p> <p>AM Snack: Sliced apples with organic egg salad made with organic greek yogurt</p> <p>Lunch: Bowtie pasta with cream sauce, side of white beans and sliced cucumbers</p> <p>Vegetarian: Bowtie pasta with cream sauce, side of white beans and sliced cucumbers</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken and rice</p> <p>PM Snack: Organic strawberry yogurt with organic granola</p>	<p>20</p> <p>AM Snack: Fresh whole banana</p> <p>Lunch: Breaded and baked chicken bits tossed in orange sauce, white rice and steamed vegetable medley</p> <p>Vegetarian: Breaded and baked tofu in orange sauce, white rice, and vegetable medley</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Split pea soup</p> <p>PM Snack: Organic string cheese with whole grain crackers</p>	<p>21</p> <p>AM Snack: Organic pumpkin bread</p> <p>Lunch: Shredded Beef with mixed vegetables, side of cauliflower and grain rice, and garden salad</p> <p>Vegetarian: Beans with mixed vegetables, side of cauliflower and grain rice, and garden salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of Broccoli</p> <p>PM Snack: Sliced orange with organic vanilla yogurt</p>
<p>24</p> <p>AM Snack: Organic oat cereal with organic milk</p> <p>Lunch: Beef Meatballs with mash potatoes, side of steamed corn and lima beans</p> <p>Vegetarian: Vegetable meatballs with, mash potatoes, side of steamed corn and lima beans</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of lentil</p> <p>PM Snack: Organic string cheese with organic whole grain crackers</p>	<p>25</p> <p>AM Snack : Organic strawberry yogurt with organic granola</p> <p>Lunch: Grilled chicken teriyaki, white rice, and roasted green beans</p> <p>Vegetarian: tofu teriyaki, white rice and roasted green beans</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Tomato bisque</p> <p>PM Snack: Fresh whole banana</p>	<p>26</p> <p>AM Snack: Organic sourdough bread with refried bean topped with shredded cheese</p> <p>Lunch: Cheese tortellini, with Vegetable marinara sauce, grated parm, side of baked broccoli and cauliflower</p> <p>Vegetarian: Cheese tortellini with vegetable marinara sauce, side of baked broccoli and cauliflower</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken soup</p> <p>PM Snack: Organic cream cheese rolls with tortilla wrap</p>	<p>27</p> <p>AM Snack: Fresh cut apples with whipped vanilla bean cream</p> <p>Lunch: Ground lamb with potatoes, white rice, and steamed corn and diced peppers</p> <p>Vegetarian: White bean and vegetable stew with white rice, corn and diced peppers</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of cauliflower and potato</p> <p>PM Snack: Organic vanilla yogurt with organic vegetable sticks</p>	<p>28</p> <p>AM Snack: Organic blueberry Muffin</p> <p>Lunch: Honey mustard roasted chicken, rice with pigeon peas and sliced tomatoes with cucumbers</p> <p>Vegetarian: Pigeon pea rice, sweet plantain, with a tomato and cucumber salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Vegetable soup</p> <p>PM Snack: Toddler snack bundle (dried fruit, cheese, organic granola and oats.</p>
<p>3</p> <p>AM Snack: Organic oat cereal with organic milk</p> <p>Lunch: Shredded chicken with peppers and onions and tomato sauce, white rice, and sweet plantains</p> <p>Vegetarian: White beans with peppers and onions in tomato sauce, white rice, and sweet plantains</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of cauliflower</p> <p>PM Snack: Fresh cut fruit salad with toasted organic oats</p>	<p>4</p> <p>AM Snack: Cream cheese , blueberry jam on mini bagel</p> <p>Lunch: Ground turkey, with mashed potatoes, and steamed broccoli</p> <p>Vegetarian: Roasted tofu, mashed potato and steamed broccoli</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Red bean soup</p> <p>PM Snack: Organic banana with string cheese</p>	<p>5</p> <p>AM Snack: Organic egg salad mixed with organic greek yogurt and naan bread</p> <p>Lunch: Homemade Macaroni and cheese pasta, with side of corn and lima beans</p> <p>Vegetarian: Homemade Macaroni and cheese pasta with with side of corn and lima beans</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken noodle</p> <p>PM Snack: Fresh sliced orange with organic vanilla yogurt</p>	<p>6</p> <p>AM Snack: Fresh cut apple with organic whipped cream cheese</p> <p>Lunch: Barbecue Meatballs, & roasted potatoes with side of roasted zucchini, yellow squash, and carrots.</p> <p>Vegetarian: Chickpea stew, roasted potatoes, with side of roasted zucchini, yellow squash , and carrots.</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of Broccoli</p> <p>PM Snack: Toddler snack bundle (dried fruit, cheese, granola, and oats)</p>	<p>7</p> <p>AM Snack: Organic banana bread</p> <p>Lunch: Diced oven-baked chicken, quinoa with rice and steamed peas and carrots</p> <p>Vegetarian: Black bean stew, quinoa with rice, and peas and carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Vegetable soup</p> <p>PM Snack: Organic vanilla yogurt with berries</p>

*Menus are subject to change from week to week based on food shortages and high demand