

Monday	Tuesday	Wednesday	Thursday	Friday
<p>14</p> <p>No School</p> <p>Teacher Planning Day</p>	<p>15</p> <p>AM Snack: Cheese quesadilla on whole grain tortilla</p> <p>Lunch: Curry chicken and vegetable stew, white rice, and chickpeas</p> <p>Vegetarian: Curry chickpea and vegetable stew with white rice</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of broccoli</p> <p>PM Snack: Organic vanilla yogurt with organic granola</p>	<p>16</p> <p>AM Snack: Baked apples with toasted organic honey oats</p> <p>Lunch: Three cheese mac and cheese, with a white bean and cucumber salad</p> <p>Vegetarian: Three cheese mac and cheese, with a white bean and cucumber salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken and potato</p> <p>PM Snack: Organic trail mix with yoggys (nut free)</p>	<p>17</p> <p>AM Snack: Organic whole pancake with organic maple syrup</p> <p>Lunch: Bbq chicken, potato puree, roasted cauliflower and broccoli</p> <p>Vegetarian: Bbq beans, potato puree, roasted cauliflower and broccoli</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of chickpea</p> <p>PM Snack: Fresh cut melon with diced mozzarella</p>	<p>18</p> <p>AM Snack: Organic whole grain toast with jam</p> <p>Lunch: Pulled beef and vegetables, arroz moro, and sweet plantains</p> <p>Vegetarian: Arroz moro and vegetables, with sweet plantain</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: cauliflower</p> <p>PM Snack: Organic strawberry yogurt and diced fruit</p>
<p>21</p> <p>AM Snack: Organic oat cereal with organic milk</p> <p>Lunch: chicken in tomato sauce with white rice and roasted squash and zucchini</p> <p>Vegetarian: squash and zucchini in red sauce with white rice and peas</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of chickpea</p> <p>PM Snack: Naan bread with guacamole</p>	<p>22</p> <p>AM Snack: Blueberry muffin</p> <p>Lunch: Meatballs with mash potato, and glazed carrots</p> <p>Vegetarian: vegetable meatball, mash potato, and glazed carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of Asparagus</p> <p>PM Snack: Organic string cheese with organic wheat crackers</p>	<p>23</p> <p>AM Snack: Organic eggs and spinach frittata</p> <p>Lunch: Sancocho with Turkey , white rice, with cucumber and mango salad</p> <p>Vegetarian: Vegetable sancocho, white rice, and a cucumber and mango salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Tomato Bisque</p> <p>PM Snack: Organic strawberry yogurt with toasted granola</p>	<p>24</p> <p>AM Snack: Organic mini bagels with organic cream cheese</p> <p>Lunch: Beef and potato stew with vegetables, with macaroni pasta</p> <p>Vegetarian: Bean and potato with vegetable stew with macaroni pasta</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of Broccoli</p> <p>PM Snack: Organic apple and strawberry sauce</p>	<p>25</p> <p>AM Snack: Fresh whole banana</p> <p>Lunch: Arroz con pollo, sweet plantains, with peas and carrots</p> <p>Vegetarian: Vegetable yellow rice, plantains, with peas and carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of corn</p> <p>PM Snack: Annies cheddar sticks with fresh orange</p>

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<p style="text-align: center;">28</p> <p>AM Snack: Toasted naan bread with organic cream cheese</p> <p>Lunch: Roasted bbq chicken, conгри rice, and sweet corn and cauliflower</p> <p>Vegetarian: Roasted bbq tofu, conгри rice, with sweet corn and cauliflower</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of lentil</p> <p>PM Snack: Organic string cheese with banana</p>	<p style="text-align: center;">29</p> <p>AM Snack: Fresh cut baked apples with organic greek yogurt</p> <p>Lunch: Ground Turkey, cilantro rice, with black bean and mango salsa</p> <p>Vegetarian: Cilantro rice, ground tofu, and black bean with mango salsa</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of tomato</p> <p>PM Snack: Fresh cut fruit salad with toasted organic granola</p>	<p style="text-align: center;">30</p> <p>AM Snack: Organic whole grain cheese quesadillas</p> <p>Lunch: White bean and vegetable stew, white rice, and tomato with cucumber and shredded carrots</p> <p>Vegetarian: White bean and vegetable stew, white rice, and a tomato and cucumber with shredded carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken noodle Soup</p> <p>PM Snack: Chicken and diced apple lad with Naan bread</p>	<p style="text-align: center;">31</p> <p>AM Snack: Organic whole grain french toast with organic maple syrup</p> <p>Lunch: Chicken and vegetable teriyaki with noodles</p> <p>Vegetarian: Tofu and vegetable teriyaki, with noodles</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of broccoli</p> <p>PM Snack: Homemade cornbread muffin</p>	
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