

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>AM Snack: Vanilla cake with milk</p> <p>Lunch: Beef fried rice, roasted squash with corn, and carrots Vegetarian: Vegetable fried rice, roasted squash with corn and carrots Dessert: Fresh Cut Fruit Soup: Lentil soup</p> <p>PM Snack: Cheese and crackers</p>	<p>3</p> <p>AM Snack: Cereal with milk</p> <p>Lunch: Pulled mexican chicken, mexican red beans with potato, and roasted corn with tortilla Vegetarian: Mexican red beans, mexican red beans with potato with roasted corn and tortilla Dessert: Fresh Cut Fruit Soup: Mix vegetable soup</p> <p>PM Snack: Applesauce and banana</p>	<p>4</p> <p>AM Snack: Eggs and milk</p> <p>Lunch: Three bean stew with potatoes, white rice, and green beans Vegetarian: Three bean stew with potatoes, white rice, and green beans Dessert: Fresh Cut Fruit Soup: Chicken and noodle</p> <p>PM Snack: Turkey and cheese rolls</p>	<p>5</p> <p>AM Snack: Blueberry muffin and milk</p> <p>Lunch: Roasted chicken, sweet potato puree, with steamed peas Vegetarian: Roasted lentil patties, sweet potato puree, and steamed peas Dessert: Fresh Cut Fruit Soup: Cream of potato</p> <p>PM Snack: Fruit salad and honey crackers</p>	<p>6</p> <p>AM Snack: Mini bagels with fresh raspberry cream cheese</p> <p>Lunch: Ropa vieja, white rice, and black beans Vegetarian: Spaghetti squash, white rice, and black beans Dessert: Fresh Cut Fruit Soup: Bean puree soup</p> <p>PM Snack: Strawberry yogurt with granola</p>
<p>9</p> <p>AM Snack: Cereal and milk</p> <p>Lunch: Chicken teriyaki, white rice, and glazed carrots Vegetarian: tofu teriyaki, white rice and glazed carrots Dessert: Fresh Cut Fruit Soup: Cream of chickpea</p> <p>PM Snack: Cheese and crackers</p>	<p>10</p> <p>AM Snack: Hard cooked eggs with milk</p> <p>Lunch: Ground turkey, refried beans, yellow rice and tortilla Vegetarian: ground lentils, refried beans, and yellow rice with tortilla Dessert: Fresh Cut Fruit Soup: Tomato bisque</p> <p>PM Snack: Veggie chips with guacamole</p>	<p>11</p> <p>AM Snack: Cheese quesadillas with milk</p> <p>Lunch: Vegetable marinara, bowtie pasta, with white beans and peas Vegetarian: Vegetable Marinara, bowtie pasta, with white beans and peas Dessert: Fresh Cut Fruit Soup: Chicken and rice</p> <p>PM Snack: Apples with raspberry sauce</p>	<p>12</p> <p>AM Snack: Waffle with banana syrup and milk</p> <p>Lunch: Beef and bean chili, roasted potatoes and corn Vegetarian: Bean chili, roasted potatoes, and corn Dessert: Fresh Cut Fruit Soup: Cream of broccoli</p> <p>PM Snack: Turkey bocaditos</p>	<p>13</p> <p>AM Snack: Biscuit with jam and milk</p> <p>Lunch: Popcorn chicken, potato puree, and peas Vegetarian: Tofu bites, potato puree, and peas Dessert: Fresh Cut Fruit Soup: Cream of corn</p> <p>PM Snack: Banana with honey cracker</p>

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<p>16</p> <p>AM Snack: Cereal with milk</p> <p>Lunch: Pulled mojo turkey, pilaf rice, with white beans</p> <p>Vegetarian: white bean stew with yellow rice</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of lentil</p> <p>PM Snack: Fresh apples with honey cracker</p>	<p>17</p> <p>AM Snack: Croqueta with milk</p> <p>Lunch: Curry chicken stew, white rice, and chickpeas</p> <p>Vegetarian: Curry chickpea stew with white rice</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of broccoli</p> <p>PM Snack: String cheese and banana</p>	<p>18</p> <p>AM Snack: Eggs and potato with milk</p> <p>Lunch: Three cheese mac and cheese, peas and carrots with garden salad</p> <p>Vegetarian: Three cheese mac and cheese, peas and carrots with a garden salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Chicken and potato</p> <p>PM Snack: Fruit salad and saltines</p>	<p>19</p> <p>AM Snack: Cheesy bocaditos</p> <p>Lunch: Pulled lemon chicken, potato puree, roasted cauliflower and broccoli</p> <p>Vegetarian: Seared lemon tofu, potato puree, roasted cauliflower and broccoli</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Red bean soup</p> <p>PM Snack: Tapioca pudding</p>	<p>20</p> <p>AM Snack: Turkey sausage with toast and milk</p> <p>Lunch: Vaca frita, arroz moro, and sweet plantains</p> <p>Vegetarian: Arroz moro with sweet plantains</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Split pea</p> <p>PM Snack: Strawberry yogurt with berries and granola</p>
<p>23</p> <p>No School</p> <p>Parent-Teacher Conference</p>	<p>24</p> <p>AM Snack: Blueberry muffin with milk</p> <p>Lunch: Meatballs with mash potato, and glazed carrots</p> <p>Vegetarian: vegetable meatball, mash potato, and glazed carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of potato</p> <p>PM Snack: String cheese and crackers</p>	<p>25</p> <p>AM Snack: Eggs and potato with milk</p> <p>Lunch: Sancocho chicken , white rice, and garden salad</p> <p>Vegetarian: Vegetable sancocho, white rice, and garden salad</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Tomato bisque</p> <p>PM Snack: Cheesy bocaditos</p>	<p>26</p> <p>AM Snack: Mini bagels with cream cheese</p> <p>Lunch: Beef and potato stew, with macaroni pasta</p> <p>Vegetarian: Bean and potato stew with macaroni pasta</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of broccoli</p> <p>PM Snack: Apple sauce</p>	<p>27</p> <p>AM Snack: Cereal and milk</p> <p>Lunch: Arroz con pollo, sweet plantains, with peas and carrots</p> <p>Vegetarian: Vegetable yellow rice, plantains, with peas and carrots</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of corn</p> <p>PM Snack: Banana with honey crackers</p>
<p>30</p> <p>AM Snack: Turkey sausage with toast and milk</p> <p>Lunch: Roasted bbq chicken, congri rice, and sweet corn</p> <p>Vegetarian:</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Cream of lentil</p> <p>PM Snack: Cheese and crackers</p>	<p>31</p> <p>AM Snack: Cereal and milk</p> <p>Lunch: Ground Turkey, cilantro rice, refried beans, and guac with tortilla</p> <p>Vegetarian: Cilantro rice, refried beans, guac, and tortilla</p> <p>Dessert: Fresh Cut Fruit</p> <p>Soup: Red bean soup</p> <p>PM Snack: Strawberry yogurt with berries and granola</p>			

*Menus are subject to change from week to week based on food shortages and high demand